

VII. Preseason Staff Meeting

Have a yearly master plan that outlines the following:

1. Offenses
 - a. Man offense
 - b. Zone offenses
 - c. Transition game/break to secondary offense

2. Defenses
 - a. Man to man
 - b. Zone
 - c. Full court press
 - d. Half court press

3. Special Situations
 - a. Out of bounds plays
 - b. Press breakers
 - c. Late game situations
 - d. Offense vs. Box + 1 and Triangle + 2
 - e. Ball in Bounds vs. Pressure situations

4. New drills to use

All of these items should be discussed in a master plan meeting before the season is to begin. Assistant coaches should have input. As always, the master plan is dictated by the returning personnel and their strengths and weaknesses. This master plan is not etched in stone. It may have to be adjusted in flight.