

7:45am- Doors Open and Vendors Available

**8:00-8:55-** Todd Tharp (IHSAA/IGHSAU)- *Rules Meeting*

8:55-9:00- *Official Welcome to the 2022 IBCA Clinic*

**9:00-9:50- Session 1**

**Main Gym:** Craig Doty (Emporia St.)- *“Seven Ways to Guard a Ball Screen”* **Auxiliary Gym:** Theo Dean (Truman St.)- *“Individual Player Development”*

**Classroom 14:** Jeni Hopkins- *“Mental Coaching for Athletes and Coaches Practical and Purposeful Coping Strategies for Mental Roadblocks”*

9:50-10:00- Break and Transition

**10:00-11:30- Session 2**

**Main Gym:** Central Women’s- *Team Demo*

**Classroom 14 10:40-11:30:** Tyler Erwin (Midland Lutheran)- *“Ball Screen Philosophy including Ball Screen Drills for Guards/Big and DHO Drills for Guards/Bigs”*

11:30-11:45 IBCA Awards and Transition

**11:50-12:45- Session 3**

**Main Gym 11:50-12:35:** Eric Henderson (South Dakota St.)- *“Shade Left Defense”*

**Auxiliary Gym 12:00-12:45:** Tyler Colston (SAVI Performance)- *“Race and Space Layer 7: Building a Better Shooting Team”*

**Classroom 14 12:15-12:45:** rSchool

12:45-1:30- Lunch Break

**1:35-3:00- Session 4**

**Main Gym:** William Penn Men’s- *Team Demo*

Classroom 14 1:30-2:10- Don Showalter (USA Basketball) *IBCA Mentors Program*

**Classroom 14 2:20-3:00:** Jeni Hopkins- *“Human Champion Model Team Leadership Activities”*

3:00-3:10- Break and Transition

**3:10-4:00- Session 5**

**Main Gym:** Tyler Colston (SAVI Performance)- *“Coach Less, Teach More”* **Auxiliary Gym:** Craig Douma- *“The Douma Shooting Workout”*

**Classroom 14:** Iowa High School Girls Basketball Coaches Panel

Adam Jones- DCG Brian Drent (SC East) *“What We Can Learn from Other Sports to Make us Better Basketball Coaches”*

Brian Wheatley(North Linn) *“Benefits of 1-3-1 Defense and Transition Offense”*, Chad Jilek (Johnston) *“Johnston Off-Season Approach”*

4:00-4:10- Break and Transition

**4:10-5:00- Session 6**

**Classroom 13:** Nicci Hays (Drake)- *28.5 Movement*

**Classroom 14:** Iowa High School Boys Basketball Coaches Panel (Joel Rankin- DCG, Bj Windhorst- WDM Valley, Kiley Yates- South O’Brien)

**5:05-6:00- Session 7**

**Main Gym:** Don Showalter (USA Basketball)



**Iowa Basketball Coaches Association  
2022 Fall Clinic Schedule**



..... Hospitality 7-10pm at the West Des Moines Marriott in the West Des Moines Boardroom\*\*\*

**Food Trucks**

- 1. Fruits n Such**
- 2. Hotsy Totsy**